

M

Spring 2020

V

University of St. Thomas

LUANN DUMMER CENTER FOR WOMEN



Storytelling starts with YOU

SECRET

DOCUMENT, DON'T CREATE

YOU are the interesting element

- Is there a shared experience you can tap into?
- Did you experience it sooner you want to share?
- What are you obsessed with right now?

STORYTELLING IS A PRIVILEGE.

It's not just about the camera. It's about the person behind it. The one who has the courage to tell their story and the power to change the world.

BIG PICTURE

Some guiding principles

The best camera:

- 1. IS THE ONE YOU HAVE WITH YOU
- 2. IS THE ONE YOU LEARN

'Find your FOCUS'

COMMITMENT STATEMENTS

- 1. Heart icon: Representing passion and vision
- 2. Ear icon: Representing listening and empathy
- 3. Hand icon: Representing action and impact
- 4. No sign icon: Representing boundaries and respect

"There's a comfort, an affirmation, a validation in being exposed to people with similar problems."

"Don't just take people there, show them things they wouldn't notice even if they were"

© 2018 James University of Wisconsin

TANGIBLE TIPS

When you get your foot

The world is your tripod.

WIDE Medium TIGHT

RULE OF THIRDS

ZOOM WITH YOUR FEET

LEADING LINES FRAMING CROPPING

MY FAVORITE MOBILE EDITORS



2nd Place: "Skin Deep" series by Izabella Witucki



I wanted to show that what you see on the surface level is NEVER the full story. Everyone, especially women of different cultures and backgrounds, receives judgment and push back because of their looks. I wanted to empower participants by showing that we're all puzzles, each piece representing a large part of what makes us women and that's something we should be proud of! I didn't expect to come out of this experience changed, but the stories and strength of these women gave me a new perspective on what it means to be vulnerable and to love your raw self. I hope to allow other women to find strength and beauty in themselves through these photographs.

3rd Place:

it is 2020, one hundred years since the 19th Amendment was ratified, granting women's suffrage. Valiant advocates reaped in their victory though it would not be until 1964 when discrimination on the basis of race, religion, and education would be banned at the polls. Today still, though literacy tests and poll taxes are banned, institutional and constitutional measures are alive in our prison systems to prevent voices from inmates, statistically and overwhelmingly Black and Hispanic. The right to vote is a right to democracy and a right to identity. The United States' 2020 will see voters change the face of election and change the face of the future, thus these disproportioned numbers of disenfranchisement count. Above and beyond, when will we not have Andrew Jackson prevailing in our wallets?



GREETINGS FROM QSA!

As of November 2019, Violence Prevention and Awareness is housed within the Center for Well-Being, along with Health Promotion, Counseling and Psychological Services and Health Services. Programs and services in these partner areas continue virtually as well. Counseling and Psychological Services continue to offer individual counseling via HIPAA compliant tele-health appointments; Health Services offers tele-health appointments and in-person appointments; Health Promotion continues to offer opportunities to students to help them cope with the stress of these uncertain times.

The way both students and staff quickly adapted to the challenges of the pandemic demonstrates the creativity, care, and resilience of our community.

BODY IMAGE AND FATPHOBIA DURING ISOLATION



Join the UST Luann Dummer Center for Women for a Zoom discussion on

BODY IMAGE AND FATPHOBIA DURING ISOLATION

UST alum Genevieve Gates will lead two important discussions, open to the community

- **May 5th, 6-7pm: Consuming Fatphobia Online: Deconstructing diet culture and social media**
- **May 12th, 6-7pm: Distant and Isolated: At home with our bodies**

FEATURED VOICES



My goal for my last semester was simple. To have fun, stress less, and celebrate the four years that shaped me as a person. I wanted that proverbial goodbye, like the final scene in Legally Blonde.

Now, the class of 2020 won't have that rite of passage.

To say that this isn't the way I pictured my senior year would be an thenior year wo4004F0003 ar we(ar wo40c18 ks o40c18 }2 -1

Kaitlyn Spratt
Class of 2020
English Major; Theology and
WGSS Minors



Members of the St. Thomas community excitedly gather with **Tarana Burke** before her Women's History Month Lecture



YARN TAMERS *Creativity Continues*

I've been making homemade paper out of shredded paper and other scraps, and have so much of it! I learned a Japanese book binding technique, so bound one book and



L D C W

2115 Summit Avenue Mail 4075
Saint Paul, Minnesota 55105 USA

CONTACT

Email: WOMENSCNTR@stthomas.edu

STAFF

Christine Balsley
Editor | Designer, Many Voices
Center Coordinator

Dr. Emily James
Editor, Many Voices
LDCW Director

STUDENT ASSISTANTS

Savannah Ellison
Benni Greene
Sadie Pedersen
Isabel Rolfes
Kaitlyn Spratt
Bizzy Stephenson

For more information on LDCW programs and opportunities, join our mailing list at www.stthomas.edu/lcdw